



**CEDAR PLANK SALMON (Honey Hot / Original)**

Soak 6"x1.5"x1/2" plank (Home Depot sells 6" wide fence planks) for at least 4 hours in sink or tub. (You can buy boards in most grocery stores too) Season salmon with your favourite spices.

Place salmon on the plank and cook on the BBQ at a Medium to High heat. Apply Cattle Boyz Original on 1/2 of fillet and Honey Hot of the other 1/2. Reduce heat to Med Low to finish. Salmon should look raw in the middle 3/8" - take off the grill and cover with tin foil for 5 min then serve.